



City Council Chambers, 311 Vernon Street

roseville.ca.gov

The City of Roseville welcomes your participation.

Meeting Schedule: Regular meetings of the Senior Commission are on the second Wednesday of February, May, August, and November at 2:00 p.m.

Public Comment: Speakers have three (3) minutes under Public Comment to address the Chair of the meeting on issues that are not listed on the agenda and are within the City's jurisdiction. Please submit a yellow speaker card to the Secretary before the item is heard if you wish to make a comment.

Brown Act: The Senior Commission cannot discuss or act on items not listed on the agenda.

Agenda Items: Speakers have five (5) minutes to address items that are listed on the agenda.

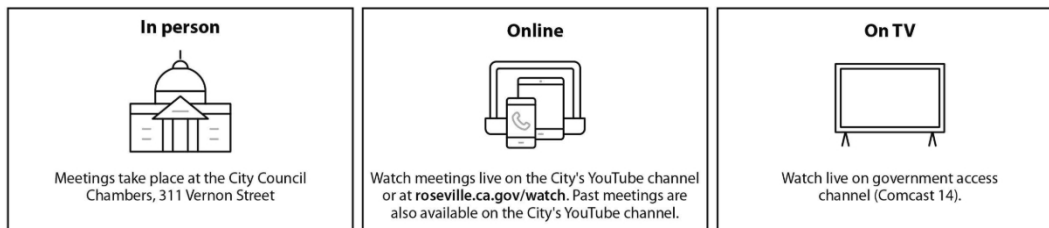
Audio/Visual Presentations: If making a presentation regarding an agenda item, audio/visual materials must be submitted to the Secretary for consideration at least 72 hours in advance.

Americans with Disabilities Act: If special assistance is required to participate in a meeting including the need of auxiliary aids or services, please notify the City Clerk at least 72 hours in advance of the meeting.

City Clerk 311 Vernon Street cityclerkroseville@roseville.ca.us 916-774-5263 TDD: 916-774-5220

Security Measures: All Roseville meeting attendees must successfully pass through a security metal detector. Any person with a prohibited item will not be allowed entry. Prohibited items include but are not limited to firearms (even with valid CCW), knives, pepper spray/mace, explosives of any kind/any weapons and/or dangerous devices of any kind, illegal drugs, and alcohol.

Viewing Options: The City of Roseville provides three options for viewing meetings:





Eugene Cheng, Commissioner
Gerald Feinerman, Commissioner
Jeffrey Gold, Commissioner
Kat Janisch, Commissioner
Laxmi Rao, Commissioner
Linda Richardson Soto, Commissioner
Hannah Wagner, Commissioner
Teri Payne, Secretary
Jeff Nereson, Liaison

AGENDA

Senior Commission Meeting

August 12, 2026

2:00 PM

City Council Chambers, 311 Vernon Street

I. CALL TO ORDER

II. ROLL CALL

III. PLEDGE OF ALLEGIANCE

IV. PUBLIC COMMENTS

V. REQUESTS/PRESENTATIONS

1. Approval of Minutes

Summary: Approve meeting minutes from May 13, 2026 meeting

CONTACT: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

2. Agency on Aging Area 4 overview of programs and resources

Summary: This agenda item provides information on the Seniors First resource program for older adults.

CONTACT: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

3. Fifty And Better program spotlight

Summary: Staff will provide information on the Fifty And Better program.

CONTACT: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

VI. STAFF/COMMISSIONER REPORTS

VII. ADJOURNMENT



Senior Commission Communication

Meeting Date: 8/12/2026

Item #: V.1

Item ID: 2026-659

Title: Approval of Minutes
Contact: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

SUMMARY

Approve meeting minutes from May 13, 2026 meeting

RECOMMENDATION

To approve meeting minutes from May 13, 2026

Respectfully Submitted,
Jeff Nereson, Parks Recreation and Libraries Manager

Jill Nunes, Parks Recreation and Libraries Director

ATTACHMENTS:

1. Senior Commission Minutes 5-13-26

REVIEWERS:

Jeff Nereson, Parks, Recreation, and Libraries Department - Recreation

Created -



Eugene Cheng, Commissioner
Gerald Feinerman, Commissioner
Jeffrey Gold, Commissioner
Kat Janisch, Commissioner
Laxmi Rao, Commissioner
Linda Richardson Soto, Commissioner
Hannah Wagner, Commissioner
Teri Payne, Secretary
Jeff Nereson, Liaison

MINUTES

Senior Commission Meeting

May 13, 2026

2:00 PM

Civic Center, 311 Vernon Street, 1st Floor

I. CALL TO ORDER

The Recording Secretary, Mackenzie Gonzalez, called the Senior Commission meeting to order at 2:00p.m.

II. ROLL CALL

Present: Janisch, Rao, Wagner, Cheng, Gold, Feinerman

Absent: Soto

III. PLEDGE OF ALLEGIANCE

Commissioner Wagner led all in the Pledge of Allegence.

IV. PUBLIC COMMENTS

None.

V. REQUESTS/PRESENTATIONS

1. Approval of Minutes

Summary: Approve meeting minutes from the February 11, 2026 meeting

CONTACT: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

Motion by Gold seconded by Cheng, to approve February 11, 2026 meeting minutes. The Motion Passed.

2. Placer County Healthy Aging Program

Summary: Erica Williamson, Health Education Program Coordinator from Placer County Health, will present on maintaining your overall health while presenting practical tips to support mental and physical well-being.

CONTACT: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

Erica Williamson, Health Education Program Coordinator with Placer County Health, provided a presentation on maintaining overall health and shared practical strategies to support mental and physical well-being. The presentation highlighted the importance of staying physically active, maintaining balanced nutrition, participating in preventative care, fostering social connections to reduce isolation, and promoting cognitive health through brain health awareness and early detection of Alzheimer's disease and other dementias. Commissioners were encouraged to visit Placer County's Healthy Aging program for additional resources: healthyaging@placer.ca.gov

Public Comment: None.

3. Consolidation of PRL Boards and Commissions

Summary: Review the plan to consolidate PRL Boards and Commissions to be effective January 1, 2027.

CONTACT: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

PRL Manager, Jeff Nereson, presented to Commission a review of the plan to consolidate PRL Boards and Commissions into one forum effective on January 1, 2027.

Public Comment: None.

VI. STAFF/COMMISSIONER REPORTS

PRL Manager, Jeff Nereson, shared with the Commission an update on upcoming recreation programs and events, including Puzzle Palooza, a team puzzle competition at the Mahany Fitness Center, and an upcoming Napa Valley Day Trip, which includes visits to local attractions with transportation provided from Mahany Fitness Center and Maidu Community Center. Jeff also shared that the PRL department has once again been named a National Gold Medal Award finalist, recognizing excellence in parks and recreation services, long-range planning, resource management, and innovative service delivery. The department will be recognized at the National Recreation and Park Association Conference in September.

VII. ADJOURNMENT

Motion by Cheng, seconded by Janisch to adjourn the May 13, 2026 meeting. The Motion Passed.



Senior Commission Communication

Meeting Date: 8/12/2026

Item #: V.2

Item ID: 2026-660

Title: Agency on Aging Area 4 overview of programs and resources

Contact: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

SUMMARY

This agenda item provides information on the Seniors First resource program for older adults.

RECOMMENDATION

Respectfully Submitted,
Jeff Nereson, Parks Recreation and Libraries Manager

Jill Nunes, Parks Recreation and Libraries Director

ATTACHMENTS:

None

REVIEWERS:

Jeff Nereson, Parks, Recreation, and Libraries Department - Recreation

Created -



Senior Commission Communication

Meeting Date: 8/12/2026

Item #: V.3

Item ID: 2026-661

Title: Fifty And Better program spotlight
Contact: Jeff Nereson 916-774-5974 jnereson@roseville.ca.us

SUMMARY

Staff will provide information on the Fifty And Better program.

RECOMMENDATION

Respectfully Submitted,
Jeff Nereson, Parks Recreation and Libraries Manager

Jill Nunes, Parks Recreation and Libraries Director

ATTACHMENTS:

None

REVIEWERS:

Jeff Nereson, Parks, Recreation, and Libraries Department - Recreation

Created -