



AGENDA
November 10, 2021

SENIOR COMMISSION MEETING
2:00 p.m.
Council Chambers
311 Vernon Street, Roseville, CA

THE CITY OF ROSEVILLE WELCOMES YOUR PARTICIPATION

If an agenda item is open to public comment, such public comment shall be addressed to the chair of the meeting.

Public Comment - Speakers have three minutes under Public Comment to speak on issues that are not listed on the agenda and are within the City's jurisdiction. The Brown Act does not permit any action or discussion on items not listed on the agenda.

Consent Calendar - If applicable, the Consent Calendar consists of routine items that may be approved by one motion. Any person can remove an item from the Consent Calendar to be discussed separately.

Agenda Items - Speakers have five minutes to address items that are listed on the agenda.

Americans with Disabilities Act - Notify the City Clerk or Secretary at least 72 hours in advance if special assistance is required to participate in a meeting including the need of auxiliary aids or services.

Audio/Visual Presentations - If making a presentation regarding an agenda item, audio/visual materials must be submitted to the City Clerk or Secretary at least 72 hours in advance.

Roseville City Clerk 311 Vernon Street, Roseville, CA 916-774-5200 TDD 916-774-5220

1. **CALL TO ORDER**
2. **ROLL CALL**
3. **PLEDGE OF ALLEGIANCE**
4. **PUBLIC COMMENTS**
5. **APPROVAL OF MINUTES**
 - 5.1. Draft Meeting Minutes - August 11, 2021 Commission Meeting
Approve draft minutes from the August 11, 2021 Senior Commission meeting
 - 5.2. Draft Meeting Minutes - October 5, 2021 Commission Special Meeting
Approve draft minutes from the October 5, 2021 special Senior Commission

meeting

6. REQUESTS/PRESENTATIONS

6.1. The Brown Act - Mike Christensen

Review the Brown Act and meeting procedures.

6.2. Introduction of Laura Bell - Kathy Barsotti

Introducing Laura Bell, FAB/Older Adult Programming Coordinator.

6.3. Older Adult Team-Volunteer Survey Results & Programming Updates - Kristi LaRoche

Presentation on Flash Vote Volunteer survey and update on older adult programming.

6.4. Review and Approve Senior Commission Goals for 2022-23 - Kathy Barsotti

Review and approve Senior Commission goals for 2022-23

6.5. Commission Goals Assignments and Workplans - Jeff Nereson

Review goal sub-committees and SMART goals worksheets

6.6. Annual Number of Senior Commission Meetings Discussion - Mike Garibaldi

Commission to discuss increasing the number of annual commission meetings.

7. BOARD MEMBER / COMMISSIONER / STAFF REPORT

8. ADJOURNMENT



MINUTES

August 11, 2021

SENIOR COMMISSION MEETING
2:00 p.m.
Council Chambers
311 Vernon Street, Roseville, CA

1. CALL TO ORDER

Vice Chair Rain called the August 11, 2021 Senior Commission meeting to order at 2:00 p.m.

2. ROLL CALL

Present: Knapp, Parry, Rain, Garibaldi, Ambrozy, Crawford
Absent: Zamora

3. PLEDGE OF ALLEGIANCE

4. PUBLIC COMMENTS

Jim Williams voiced his concerns with the deteriorating pavement on the trails at Maidu Regional Park and the City of Roseville's bus options for seniors.

5. APPROVAL OF MINUTES

5.1. Draft Meeting Minutes - February 12, 2020 Commission Meeting

Approve draft minutes from the February 12, 2020 Senior Commission meeting

Motion by Bobbi Knapp, seconded by Michael Garibaldi, Approve the meeting minutes of the February 12, 2020 Senior Commission meeting. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Crawford, Garibaldi, Knapp, Parry

Absent: Zamora
Abstain: Rain

6. REQUESTS/PRESENTATIONS

6.1. Welcome New Senior Commissioners - Kathy Barsotti

Welcome new Senior Commissioners Renee Ambrozy and Kathleen Crawford

Parks, Recreation & Libraries Manager, Kathy Barsotti introduced new commissioners, Renee Ambrozy and Kathleen Crawford to the Senior Commission.

No public comment received.

Item for information only. No action required.

6.2. Appointment of New Chair and Vice Chair - Kathy Barsotti

Senior Commission to appoint a new chair and vice chair for 2021.

No public comment received.

Motion by Michael Garibaldi, seconded by Bobbi Knapp, to appoint Lola Rain as Chair. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Crawford, Garibaldi, Knapp, Parry, Rain

Absent: Zamora

Motion by Brian Parry, seconded by Renee Ambrozy, to appoint Michael Garibaldi as Vice Chair. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Crawford, Garibaldi, Knapp, Parry, Rain

Absent: Zamora

6.3. Placer County Healthy Brain Initiative - Tasha Stevens

Overview of Placer County Healthy Brain Initiative, Tasha Stevens, Placer County Program Coordinator

Tasha Stevens, with Placer County Public Health Division, presented to the Senior Commission on the Placer County Healthy Brain Initiative (PCHBI) and their goals to establish dementia-friendly communities in Placer County including a Community Needs Assessment, the creation of an Advisory Committee and the developing of a Community Action Plan. Ms. Stevens presented to the commission video advertisements for the initiative that will be played throughout Placer County.

Public comment:

Penny Beingessner spoke about a program offered by the Roseville Police Department that provided GPS trackers for dementia patients and their caregivers and expressed her desire to see the program return.

Item for information only. No action required.

6.4. Older Adult Visioning & Planning Team - Kristi LaRoche

Older adult visioning and planning team overview and Flash Vote survey and results

Parks, Recreation & Libraries Superintendent, Kristi LaRoche presented to the Senior Commission information on the new Older Adult Visioning & Planning Team along with the results of a FlashVote survey completed by Roseville residents. The survey indicated what types of events and programs residents of all ages attended and wanted to see in the future. The team hopes to use this information to better plan programs and events for older adults throughout Roseville and in the Fifty and Better (FAB) Club at the Maidu Community Center's Senior Wing.

Public Comment:

Penny Beingessner, a former volunteer with the FAB Club, expressed her frustrations with the late and minimal reopening of FAB Club programs and volunteer opportunities following the COVID-19 pandemic.

Item for information only. No action required.

6.5. Parks, Recreation & Libraries Park Ambassador Program - Kathy Barsotti

Introduction and overview of the Parks, Recreation & Libraries new Park Ambassador program

Parks, Recreation & Libraries Manager, Kathy Barsotti presented to the Senior Commission the Department's new Parks, Recreation & Libraries (PRL) Ambassador program for volunteers of all ages to assist the PRL Department keep Roseville's parks safe, clean and green. Ms. Barsotti described some positions at which volunteers could be stationed including parks, facilities and events.

No public comment received.

Item for information only. No action required.

6.6. Park, Recreation & Libraries Strategic Master Plan - Kathy Barsotti

Introduction and overview of the Parks, Recreation & Libraries Strategic Master Plan

Parks, Recreation & Libraries Manager, Kathy Barsotti presented to the Senior Commission information on the PRL Department's Strategic Master Plan along with its timeline and purpose. The PRL Department has hired Pros Consulting to assist with the plan and are focusing on where they are today, where they are going and how they are going to get there.

No public comment received.

Item for information only. No action required.

6.7. Commission Goals - Kathy Barsotti

Review and discussion of Commission goals:

1. Communication: Knapp and Rain
2. Transportation: Parry and Zamora
3. Education: Knapp, Rain, Zamora

Following more than a year without meeting, Commissioner Parry and Chair Rain suggested a breakout group meeting outside of the Senior Commission's regular meetings to discuss the commission's goals regarding communication, transportation and education. No meeting date has yet been set.

Public Comment:

Penny Beingessner reminded the Senior Commission that a new World Health Organization (WHO) report would be due soon again to remain an "Age Friendly City."

Item for information only. No action required.

7. BOARD MEMBER / COMMISSIONER / STAFF REPORT

No staff or commissioner updates presented.

8. ADJOURNMENT

Motion by Brian Parry, seconded by Michael Garibaldi, to adjourn the August 11, 2021 Senior Commission meeting at 3:35 p.m. The Motion .

Roll call vote: Ayes: Ambrozy, Crawford, Garibaldi, Knapp, Parry, Rain

Absent: Zamora



MINUTES
October 5, 2021

SENIOR COMMISSION MEETING
9:00 a.m.
Mike Shellito Indoor Pool
10210 Fairway Drive
Roseville, CA

1. CALL TO ORDER

Chair Rain called the October 5, 2021 Senior Commission meeting to order at 9:00 a.m.

2. ROLL CALL

Present: Ambrozy, Crawford, Garibaldi, Knapp, Parry, Rain, Zamora

3. PLEDGE OF ALLEGIANCE

Commissioner Garibaldi led the Senior Commission in the Pledge of Allegiance.

4. PUBLIC COMMENTS

No public comment received.

5. REQUESTS/PRESENTATIONS

5.1. Review Senior Commission's Purpose & Responsibilities - Michael Christensen

Review of Senior Commissions roles and responsibilities.

Senior Deputy City Attorney, Michael Christensen, discussed the responsibilities of the Senior Commission as defined by the City of Roseville's Boards and Commission Administrative Standards.

Item for information only.
No public comment received.

5.2. World Health Organization Age Friendly Cities Survey Outcomes & 2019

Commission Goals – Kathy Barsotti

Review World Health Organization Age Friendly Cities Survey Outcomes & 2019 Commission Goals.

Parks, Recreation & Libraries Manager, Kathy Barsotti, reviewed the Senior Commission's goals for 2019-20 and discussed the World Health Organization (WHO) Age Friendly Cities survey the Senior Commission completed in 2019.

Item for information only.
No public comment received.

5.3. 2021 Flash Vote Surveys Review - Kristi LaRoche

Review results of Events & Programs and Volunteering Flash Vote surveys.

Parks, Recreation & Libraries Superintendent, Kristi LaRoche, reviewed the 2021 Flash Vote survey that was sent to Roseville residents. Commissioners discussed trends seen and insights gained through the survey.

Item for information only.
No public comment received.

5.4. Commission Goal Recommendations - Senior Commission

Senior Commissioners to review their individual suggested goals.

The commissioners were asked to submit a list of recommended goals for the Senior Commission to consider to adopt for 2022-23. Staff received each Commissioner's recommended goals prior to the workshop and organized them into categories for the actual workshop. Each commissioner presented their goals and led a brief discussion with their fellow commissions.

No public comment received.

5.5. 2022-23 Senior Commission Goals & Projects

Senior Commission to identify and prioritize goals for 2022-23.

The Senior Commission voted on the goals that were discussed to determine their top three priorities. Commissioners were first given 10 votes to apply to their preferred goals. After the first round, the top 8 goals were included in the second round of voting. Commissioners were then given 3 votes to apply to their top priorities. After two rounds of voting, the top three priorities were (1) Improve communication with the senior community about available programs in the City and County. Possibly a Senior Services fair similar to what was done in the past (2) Get the seniors in Roseville computer/smartphone literate to increase communication and reduce isolation, (3) Create strategic partnerships with non-profit and local businesses including realtors, digital experts, resource centers, et al. Official voting to adopt these goals will take place at the November 10,

2021 Senior Commission meeting.

No public comment received.

5.6. Goals Workplan - Kathy Barsotti & Jeff Nereson

Commission to discuss and prioritize work plans and timelines for identified goals.

The Senior Commissioners discussed a workplan to reach their goals and created subcommittees assigned to each goal.

Commissioners Zamora and Parry: Improve communication with the senior community about available programs in the City and County. Possibly a Senior Services fair similar to what was done in the past.

Commissioners Ambrozy, Crawford and Garibaldi: Get the seniors in Roseville computer/ smartphone literate to increase communication and reduce isolation.

Commissioners Rain, Knapp and Garibaldi: Create strategic partnerships with non-profit and local businesses including realtors, digital experts, resource centers, et al.

No public comment received.

6. BOARD MEMBER / COMMISSIONER / STAFF REPORT

7. ADJOURNMENT

Motion by Michael Garibaldi, seconded by Brian Parry, to adjourn the October 5, 2021 meeting of the Senior Commission at 12:55 p.m. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Crawford, Garibaldi, Knapp, Parry, Rain, Zamora



SENIOR COMMISSION COMMUNICATION

Title: Review and Approve Senior Commission Goals for 2022-23 - Kathy Barsotti
Contact: Kathy M. Barsotti, kbarsotti@roseville.ca.us, (916) 774-5955

Meeting Date: 11/10/2021
Item #: 7.4.

RECOMMENDATION

Recommend the Commission approve the three goals identified at the Senior Commission Goals Workshop Meeting on October 5, 2021.

1. Improve communication with the senior community about available programs in the City and County.
2. Get seniors in Roseville computer/smartphone literate to increase communication and reduce isolation
3. Create strategic partnerships with non-profit and local businesses including realtors, digital experts, resource center, et al.

BACKGROUND

On October 5, 2021, the Senior Commission held a special goals workshop at the Mike Shellito Indoor Pool. The purpose of the meeting was to determine a vision and plan on what the commission would like to accomplish over the next two years. The three goals identified by the commission are:

1. Improve communication with the senior community about available programs in the City and County.
2. Get seniors in Roseville computer/smartphone literate to increase communication and reduce isolation
3. Create strategic partnerships with non-profit and local businesses including realtors, digital experts, resource center, et al.

The commission and staff will identify objectives and plans to accomplish the goals over the course of the next two years.

Respectfully Submitted,

Kathy M. Barsotti, Parks, Recreation & Libraries Manager

Jill Geller, Parks, Recreation & Libraries Director



SENIOR COMMISSION COMMUNICATION

Title: Commission Goals Assignments and Workplans - Jeff Nereson
Contact: Kathy M. Barsotti, kbarsotti@roseville.ca.us, (916) 774-5955

Meeting Date: 11/10/2021
Item #: 7.5.

RECOMMENDATION

This item is informational only.

BACKGROUND

During the Senior Commission Goals Workshop on October 5, 2021, the commission identified three goals they would like to accomplish in 2022-23. The Commission also discussed creating sub-committees for each goal. Sub-committees will create workplans and timelines to assure the goals are achieved by the end of 2023. Commissioners volunteered for the following.

Commissioners Zamora and Parry: Improve communication with the senior community about available programs in the City and County. Possibly a Senior Services fair similar to what was done in the past.

Commissioners Ambrozy, Crawford and Garibaldi: Get the seniors in Roseville computer/smartphone literate to increase communication and reduce isolation.

Commissioners Rain, Knapp and Garibaldi: Create strategic partnerships with non-profit and local businesses including realtors, digital experts, resource centers, et al.

Staff provided each sub-committee with SMART goals worksheets as a tool that might be used to help guide their sub-committee meeting discussions and as a way to measure successes, potential obstacles and action items.

Respectfully Submitted,

Kathy M. Barsotti, Parks, Recreation & Libraries Manager

Jill Geller, Parks, Recreation & Libraries Director

