

**Senior Commission Meeting
Maidu Community Center
1550 Maidu Drive, Roseville, CA, 95661**

Wednesday, November 9, 2016

MEETING MINUTES

I. CALL TO ORDER

Commissioner Bobbi Knapp called the meeting to order at 2:05pm.

II. ROLL CALL

Present:

Commissioners: Penny Beingessner, Marlene Cristanelli, Bobbi Knapp, Gopal Kapur and Jim Williams

Absent: Ann Walker, Linda Braak

Guests: Al Gonzales

Staff: Michael Christensen, Deputy City Attorney

Roni Garrison, Commission Liaison

Kathy Barsotti, Parks & Recreation Manager

Mark Wolinski, Government Relations Administrator

III. PLEDGE OF ALLEGIANCE

Commissioner Bobbi Knapp led the pledge.

IV. WELCOME & INTRODUCTIONS

Commissioner Bobbi Knapp welcomed everyone to the meeting.

V. APPROVAL OF MINUTES

August 10, 2016 Meeting Minutes were approved as written. Motion by Commissioner Beingessner, Seconded by Commissioner Knapp. 5 ayes, 1 nay

August 23, 2016 Workshop Meeting Minutes were approved as written. Motion by Commissioner Beingessner, Seconded by Commissioner Cristanelli. 5 ayes, 1 abstain

VI. OLD BUSINESS

A. WHO Age Friendly Cities update

Staff presented a synopsis of the World Health Organizations Age Friendly Cities Network to the Commission. The Senior Commission recommended to Council joining the WHO in 2012. Information from the community was reflected in a survey completed by focus groups lead by the Senior Commission. A final report was submitted to the WHO in November of 2014.

Commissioner Knapp recommended tying the Commission's 2016/17 Communication goal to the 2014 WHO report. This information addresses how the Roseville senior population is getting information about services that are available to them.

Commissioner Beingessner discussed the possibility of a subscription fee for the FAB newsletters for seniors who do not use or have computer access.

Commissioner Kapur suggested the branding of printed material so that it is not discarded in their regular mail.

B. Status of 2015/16 Goal #2 Recommendations and strategies 1a – 6a

1. Goal #2 – Investigate the issues surrounding nursing and assisted living facilities to see the role of the Sr. Commission may have in affecting positive change – Commissioners Cristanelli and Williams.

Recommendations:

1. Develop enough volunteer "Elder Advocates" to proactively visit and evaluate each of Roseville's 130 facilities weekly. Refer problems and infractions to Ombudsmen, Adult Protective Services, or California State Health & Human Services.

Strategy:

- a. Commission to draft a letter to the City Council outlining their concerns surrounding senior living facilities.
 - i. Mark Wolinski, Government Relations Administrator, informed that Commission that he reviewed their draft letter to Council and stated that there would need to be a significant effort requiring legislative change and that he would recommend a coalition approach by partnering with other concerned cities. Mr. Wolinski believed that a more immediate impact would be to work through Seniors First. For example: Neighborhood Watch programs. Commissioner Knapp mentioned that she has already discussed working with Seniors First. She approached and presented to RCONA regarding the Elder Senior Watch Program and received a negative response from RCONA. Commissioner Beingessner reminded the Commission that they were a Roseville commission and that they need to stay focused on Roseville senior needs.

- ii. Commissioner Gopal made a motion to re-draft a letter to Council framed around the idea of neighborhood watched that contain and elder advocate program.
Seconded by Commissioner Knapp. 3 ayes, 2 nays.
 - b. Commission to invite Roseville Police Department to discuss potential elder advocate programs.
2. Establish 2-1-1 "Helpline similar to Sacramento's.
- a. Commissioner Knapp currently working with Senior's First to get appropriate numbers to move forward.
 - b. City of Roseville is the only one in Placer County willing to help fund this program.
3. Provide a constant available supply of checklists and "Senior Resource Guides" at medical offices, care facilities, even grocery stores, wherever seniors frequent. Hundreds visit Kaiser Daily.
- a. The directory is currently being distributed at the Maidu Community Center and other entities.

Ayes: Braak, Williams, Cristanelli, Knapp, Beingessner

Nays: None

- 4. Attend regular meetings of Placer & Sacramento County Commissions and subcommittees.

Strategy:

- a. Parks, Recreation & Libraries staff will provide meeting dates to Commission.
 - i. Older Adult Advisory Commission – Placer County.
Meets the third Tuesday of each month from 1pm – 3pm. Meeting locations vary from the Auburn Library.
<https://www.placer.ca.gov/departments/hhs/adult/olderadultadvisorycommission>
 - ii. Sacramento County Adult & Aging Commission. Meets the fourth Wednesday of each month from 2pm – 4pm. Meetings are held at the Sacramento County Public Health Facility at 4600 Broadway, Room #2020, Sacramento.
<http://www.sacramentoadultandaging.org/>
- b. Commission to assign Commissioners to attend Placer & Sacramento Commission meetings and report back at

quarterly meetings. Commissioner Beingessner would like this to be on a volunteer basis only, not assigned.

5. Network with concerned activists.

Strategy:

- a. Have commissioners volunteer ~~Assign Commissioners~~ to attend senior related events, workshops, health fairs and activities of their choice monthly and report findings back to Commission.
- b. Parks, Recreation and Libraries staff to provide information received on senior related events to the Commission at quarterly meetings.
- c. Commissioners recommend potential senior issue related speakers/advocates to the Commission for future presentations.

6. Schedule quarterly status reports.

Strategy:

- a. Commissioners to report to the Commission at quarterly meetings what they have done to further the recommendations listed here.

VII. NEW BUSINESS

- A. Review and report on 2016/17 Goals and Objectives
 - i. Update goal work plans.
 - ii. Commissioner Beingessner discussed working with Seniors First to re-do the Resource guide. Commissioner Knapp is currently working with Seniors First out of subcommittee.

VIII. ORAL COMMUNICATIONS: PUBLIC/COMMISSION/STAFF

- A. Staff liaison Garrison provided information on upcoming FAB and recreation events.

IX. ADJOURNMENT

- A. The next meeting of the Senior Commission is scheduled to be held at the Council Chambers on Wednesday, February 8th, 2017 at 2:00pm.
- B. The meeting was adjourned at 4:10pm. Motion to adjourn was made by Commissioner Williams, Seconded by Commissioner Beingessner. 5 Ayes.

Respectfully Submitted,
Roni Garrison