

**Senior Commission Meeting
Maidu Community Center
1550 Maidu Drive, Roseville, CA, 95661**

Wednesday, August 10, 2016

MEETING MINUTES

I. CALL TO ORDER

Commissioner Bobbi Knapp called the meeting to order at 2:01pm.

II. ROLL CALL

Present:

Commissioners: Penny Beingessner, Marlene Cristanelli, Bobbi Knapp, Linda Braak and Jim Williams

Absent: Ann Walker, Gopal Kapur

Guests: Al Gonzales

Staff: Michael Christensen, Deputy City Attorney

Roni Garrison, Commission Liaison

III. PLEDGE OF ALLEGIANCE

Commissioner Bobbi Knapp led the pledge.

IV. WELCOME & INTRODUCTIONS

Commissioner Bobbi Knapp welcomed everyone to the meeting.

V. APPROVAL OF MINUTES

May 11, 2016 Meeting Minutes were approved as written. Motion by Commissioner Cristanelli, Seconded by Commissioner Beingessner. 4 ayes

VI. OLD BUSINESS

A. Ad Hoc Committee Progress Reports – 2015 Goals and Objectives

1. Goal # 1 – Develop and Implement a Communication Plan – Commissioners Braak and Kapur. TABLED – Commissioner's absent. Commissioner Beingessner suggested re-introducing goal at upcoming workshop to be scheduled. Commissioner Beingessner also suggested that the FAB newsletter have a paid subscription option so that it could be mailed to those who don't have email access. Staff to look into this option. Commissioner Williams suggested getting address list from Roseville Chamber of Commerce.
2. Goal #2 – Investigate the issues surrounding nursing and assisted living facilities to see the role of the Sr. Commission may have in affecting positive change – Commissioners Cristanelli and Williams.

Staff assisted Commissioner Williams and Commissioner Cristanelli revise their list to six recommendations with suggested strategies to accomplish each recommendation. The Commission went through each recommendation individually and voted to either move forward or dismiss each recommendation.

Recommendations:

1. Develop enough volunteer “Elder Advocates” to proactively visit and evaluate each of Roseville’s 130 facilities weekly. Refer problems and infractions to Ombudsmen, Adult Protective Services, or California State Health & Human Services.

Strategy:

- a. Commission to draft a letter to the City Council outlining their concerns surrounding senior living facilities.
- b. Commission to invite Roseville Police Department to discuss potential elder advocate programs.

Ayes: Braak, Williams, Cristanelli

Nays: Beigessner

Abstain: Knapp

2. Establish 2-1-1 “Helpline similar to Sacramento’s.

Strategy:

- a. Commission to invite 2-1-1 representatives to Commission meeting to learn more about the system and the requirements for establishment.
- b. Commission can draft a letter to City Council and/or Placer County Supervisors in support of bringing the 2-1-1 system to Placer County. www.211california.org

Ayes: Braak, Williams, Cristanelli, Knapp

Nays: Beigessner

3. Provide a constant available supply of checklists and “Senior Resource Guides” at medical offices, care facilities, even grocery stores, wherever seniors frequent. Hundreds visit Kaiser Daily.

Strategy:

- a. Parks, Recreation and Libraries will provide Commissioners with Resource Guides to deliver to the facilities of their choice.
- b. Parks, Recreation & Libraries will provide copies of the Resource Guide at the FAB Information Desk at the Maidu Community Center.
- c. Commission to encourage Seniors First to print more copies for distribution outside of City of Roseville facilities.

Ayes: Braak, Williams, Cristanelli, Knapp, Beingessner

Nays: None

4. Attend regular meetings of Placer & Sacramento County Commissions and subcommittees.

Strategy:

- a. Parks, Recreation & Libraries staff will provide meeting dates to Commission.
 - i. Older Adult Advisory Commission – Placer County. Meets the third Tuesday of each month from 1pm – 3pm. Meeting locations vary from the Auburn Library. <https://www.placer.ca.gov/departments/hhs/adult/olderadultadvisorycommission>
 - ii. Sacramento County Adult & Aging Commission. Meets the fourth Wednesday of each month from 2pm – 4pm. Meetings are held at the Sacramento County Public Health Facility at 4600 Broadway, Room #2020, Sacramento. <http://www.sacramentoadultandaging.org/>
- b. Commission to assign Commissioners to attend Placer & Sacramento Commission meetings and report back at quarterly meetings.

Ayes: Braak, Williams, Cristanelli, Knapp, Beingessner

Nays: None

5. Network with concerned activists.

Strategy:

- a. Assign Commissioners to attend senior related events, workshops, health fairs and activities of their choice monthly and report findings back to Commission.
- b. Parks, Recreation and Libraries staff to provide information received on senior related events to the Commission at quarterly meetings.
- c. Commissioners recommend potential senior issue related speakers/advocates to the Commission for future presentations.

Ayes: Braak, Williams, Cristanelli, Knapp, Beingessner

Nays: None

6. Schedule quarterly status reports.

Strategy:

- a. Commissioners to report to the Commission at quarterly meetings what they have done to further the recommendations listed here.

Ayes: Braak, Williams, Cristanelli, Knapp, Beingessner

Nays: None

3. Goal #3 – Host an open house with public and non-profit organizations that provide services/programs to senior - Commissioners Beingessner and Walker.

Commission hosted Agency on Aging, Area 4 Town Hall meeting on workshop on March 29, 2016.

VII. NEW BUSINESS

A. COMMISSION WORKSHOP – SCHEDULE

- i. Commissioner Beingessner moved to set workshop date of August 23, 2016 to establish new Commission goals for 2016/2017. Seconded by Commissioner Braak. 5 ayes.
- ii. Commissioner Williams moved to include drafting of letter to Council per approved Recommendation #1. Seconded by Commissioner Knapp. 5 ayes.

B. Commission Meeting Speakers – Assign

- i. Discussion regarding finding speakers and assigning them to Commission dates. Commissioner Knapp moved that all potential speaker information be forwarded to staff liaison Garrison who then forwards it to Commissioner

Knapp. Commissioner Knapp will vet speaker information and assigns them to a Commission date. Seconded by Commissioner Williams. 5 ayes.

VIII. ORAL COMMUNICATIONS: PUBLIC/COMMISSION/STAFF

- A. Commissioner Beingessner concerned that Commission will only be focused on health issues to the detriment of other senior issues. Through the Age Friendly City interviews at least 8 – 9 different areas of concern were noted. Commissioner Braak thought this was a great reminder.
- B. Commissioner Williams listed several senior events that are happening in the area..
- C. Staff liaison Garrison provided information on the upcoming Active Aging Week (9/23 – 9/30). The new Saturday Farmer’s Market located in Town Square and the mailing of FAB information to all FAB members and those requesting to receive the newsletter via email.

IX. ADJOURNMENT

- A. The next meeting of the Senior Commission is scheduled to be held at the Maidu Community Center on Wednesday, November 9th, 2016 at 2:00pm.
- B. The meeting was adjourned at 3:36pm. Motion to adjourn was made by Commissioner Beingessner, Seconded by Commissioner Braak. 5 Ayes.

Respectfully Submitted,
Roni Garrison