



AGENDA

May 9, 2018

SENIOR COMMISSION MEETING

2:00 p.m.

Council Chambers
311 Vernon Street
Roseville, California

- 1. CALL TO ORDER**
- 2. ROLL CALL**
- 3. PLEDGE OF ALLEGIANCE**
- 4. PUBLIC COMMENTS**

Persons may address the governing body on items not on this agenda. Speakers shall restrict their comments to issues that are within the subject jurisdiction of the governing body and limit their comments to three (3) minutes per person. The Brown Act, with certain exceptions, does not permit the governing body to discuss or take action on issues that are not listed on the agenda.

5. MINUTES

- 5.1. February 14, 2018 Meeting Minutes

6. REQUESTS/PRESENTATIONS

- 6.1. Election of Officers - Kathy Barsotti
Elect 2018 term Chair & Vice Chair
- 6.2. Placer Protect & AARP Meeting & Event - Kathy Barsotti
- 6.3. WHO Age-Friendly Cities Five Year Report Update - Kathy Barsotti
Review and comment on draft
- 6.4. Update Workshop Goal - Communication - Commissioner Reed
- 6.5. Update Workshop Goal - Transportation - Commissioner Egan

7. ADJOURNMENT



SENIOR COMMISSION COMMUNICATION

Title: February 14, 2018 Meeting Minutes

Contact:

Meeting Date: 5/9/2018

Item #: 6.1.

ATTACHMENTS:

Description

February 14, 2018 Draft Minutes



City of Roseville
Senior Commission – **Minutes**
February 14, 2018

Commissioners Present: Penny Beingessner, Gary Egan, Bobbi Knapp, Brian Parry, Cyndee Reed, Jim Williams

Absent Excused: Marlene Cristanelli

Staff Present: Kathy Barsotti, Recreation Manager
Dawn Neely, Recording Secretary

- I. **CALL TO ORDER** –Commissioner Knapp called the meeting to order at 9:31AM.
- II. **PLEDGE OF ALLEGIANCE** – Commissioner Knapp led the Pledge of Allegiance.
- III. **APPROVAL OF MINUTES** – A motion to approve minutes for **November 15, 2017** was made by Commissioner Beingessner; Commissioner Parry seconded and the motion passed unanimously. A motion to approve minutes for **January 29, 2018** was made by Commissioner Beingessner; Commissioner Parry seconded and the motion passed unanimously.
- IV. **PUBLIC COMMENTS** – None
- V. **SPECIAL REQUESTS/ REPORTS/ PRESENTATIONS**

A. Presentation of Workshop Goal – Communication – Commissioner Reed

Commissioner Reed found there are two senior groups that need to be addressed, the homebound and the seniors actively involved. Socialization is the key to communicate to the senior population about programs and services.

Commissioner Knapp reported on Commissioner Cristanelli's findings. Commissioner Cristanelli gathered information from the Maidu senior center regarding what information and resources seniors are looking for. Many wanted to know who to contact if they are not good at driving or do not drive at all. They also want to know about HICAP for health insurance counseling. The last finding was many did not know there is a senior center.

The commission will look at ways to educate the senior public on where to find resources and will determine what information to focus on, crisis mode information or general information.

B. Presentation of Workshop Goal – Transportation/Traffics – Commissioner Egan

Commissioner Egan reported on the second goal of identifying and developing a transportation plan. The plan will outline how the commission can be an advocate for transportation needs and how they can better communicate to the senior population about programs and services. The first action item is to identify community stakeholders and identify transportation needs of seniors in the community. The commission will analyze the transportation options and identify areas where needs still exist.

C. Annual Report to City Council

Commissioner Knapp reported on the recommendation made to create an annual report to City Council. This report would inform City Council what the commission is working on and the accomplishments made. Commissioner Knapp requested the report be completed by January. Commissioner Parry recommended that the report be put together in November. Commissioner Beingessner would like to have a workshop in January so all commissioners are working on the annual report together.

VI. Follow-Ups & Assignments for Next Meeting – Kathy Barsotti

Subcommittee assignment is to follow up on goal sheets. As goals are accomplished or steps toward the goals are made notify Ms. Barsotti. Recommendation is to submit this before May meeting so it can be included in the agenda and minutes so public are aware.

VII. Reports / Comments / Commission / Staff

A. Staff Updates

Ms. Barsotti reported that the next WHO Subcommittee is Tuesday, February 20th at 1:00pm at the 316 Parks, Recreation and Libraries Admin office.

The next Engage Roseville meeting is Monday, February 26th at 6:00pm at the Maidu Community Center. This is the next phase of the Engage Roseville process. People from the community are invited to attend.

NOVUS is the City's newest format by which commission meetings will be inputted. All information will be electronic and then it will be generated to an agenda item.

B. Commission Question and Comments

Commissioner Williams introduced Jennifer Berdugo, Associate State Director from AARP who is part of the age friendly technical assistance team. The AARP Network of Age-Friendly Communities is an institutional affiliate of the World Health Organization global network of age-friendly cities and communities. Some of the benefits of working with AARP is that they can connect you with jurisdictions within the network and help with technical assistance with outreach.

Commissioner Knapp reported about the widespread human right violations in nursing homes. A report can be found on the website www.hrw.org. The Ombudsman program is now listed under the Area 4 Agency group so they can also help with many of these issues.

Commissioner Knapp pointed out that the senior commission's purpose and responsibilities is not listed on the website as well the commission meetings are not listed on the front page of the website.

VII Adjournment Motion to adjourn was introduced by Commissioner Beingessner; Commissioner Reed seconded and the motion passed unanimously. The meeting was adjourned at 10:44 AM. The next meeting is scheduled on May 9, 2018.

Respectfully Submitted,
Dawn Neely
Dawn Neely



SENIOR COMMISSION COMMUNICATION

Title: Election of Officers - Kathy Barsotti

Contact:

Meeting Date: 5/9/2018

Item #: 7.1.

ATTACHMENTS:

Description

Election of Officers



SENIOR COMMISSION STAFF REPORT

Title: Senior Commission Appointees Staff: Kathy M. Barsotti, Recreation Manager, 774-5955

Meeting Date: 5/9/2018

RECOMMENDATION

Recommend the Senior Commission appoint a Commission Chair and Vice Chair for the May – December 2018 term.

BACKGROUND

Each year, new senior commissioners are appointed by City Council in January. The Senior Commission meeting procedures require that a Chair and Vice Chair be elected annually by the members of the Commission and assume their positions upon election.

The Chair is the presiding Officer of the meeting. In the absence of the Chair, the Vice Chair shall be the presiding Officer of the meeting. Upon the arrival of the Chair, the Vice Chair will relinquish the chair immediately upon conclusion of the item of business before the Commission.

FISCAL IMPACT

The election of the Senior Commission Chair and Vice Chair will have no fiscal impact on the City general fund.

Respectfully Submitted,

A handwritten signature in blue ink that reads "KM Barsotti".

Kathy M. Barsotti, Recreation Manager



SENIOR COMMISSION COMMUNICATION

Title: Placer Protect & AARP Meeting & Event - Kathy Barsotti

Contact:

Meeting Date: 5/9/2018

Item #: 7.2.

ATTACHMENTS:

Description

Placer Protect



SAVE THE DATE

June 23, 2018, 10am – 2pm
Sears Court - Westfield Galleria at Roseville

PREPARING IS CARING

Has Your Family Discussed Aging Gracefully?



Do You Have Questions?

What legal documents do I need?

My Dad is forgetful – what can I do?

How do I protect my identity?

I'm a widow – who can I talk to?

For Answers – Come To Our Resource Fair

PLACER COUNTY
PROTECT

For More Information – Contact Us:

PROTECT@Placer.ca.gov

916-645-7226



Are you at risk
for a **fall?**

Is Dad's
house **safe?**



**PLACER COUNTY
PROTECT**
Providing Resources & Outreach To Elderly Citizens Together

(916) 543-8000
PROTECT@placer.ca.gov



SENIOR COMMISSION COMMUNICATION

Title: WHO Age-Friendly Cities Five Year Report Update - Kathy Barsotti

Contact:

Meeting Date: 5/9/2018

Item #: 7.3.

ATTACHMENTS:

Description

WHO Age-Friendly Cities Five Year Draft Report

City of Roseville Senior Commission WHO Friendly City Progress Report 2018

Forward

Letter from Mayor Rohan

Acknowledgement

The City of Roseville is grateful to those who participated in the completion of the World Health Organization (WHO) Age Friendly Cities Update report. The current Senior Commission and the Senior Commission Age Friendly Ad Hoc Committee were both instrumental in completing the tasks necessary to gather the pertinent information for the report.

Thank you to the members of the City of Roseville's Senior Commission:

Bobbi Knapp (Chair)
Penny Beingessner (Vice Chair)
Marlene Cristanelli
Gary Eagan
Brian Parry
Cyndy Reed
Jim Williams

Special thank you to the Senior Commission's Ad Hoc Committee Penny Beingessner, Brian Parry and Jim Williams. This team contributed many hours to the completion of this report and were instrumental in providing input and suggestions on how to create a thorough and informative report.

The Senior Commission would also like to thank the Roseville City Council for their support for this project and the senior residents of Roseville.

Susan Rohan (Mayor)
Bonnie Gore (Vice Mayor)
John Allard
Scott Alvord
Tim Herman

Project Overview - *Briefly update 2012 efforts and process. Update 2017/18 efforts and process. Update overall results.*

With the recommendation of the Roseville Senior Commission and the support of the Roseville City Council, the City of Roseville began the process of becoming a member of the World Health Organization's Global Network of Age Friendly Cities. The project originated to develop a report that would help guide the development of strategies, policies and programs for both the city government and larger community to establish Roseville as an age-friendly community. The project focused on identifying potential barriers, services and programs for older residents that are within the purview of the City of Roseville or within the sphere of influence of city government. Key areas covered by the research included 1) outdoor spaces and buildings, 2) housing, 3) transportation, 4) social participation, 5) respect and inclusion, 6) civic participation and employment, 7) communication and information and 8) community support and health services.

The project centered around gathering information about the opinions, attitudes and needs of the city's residents who were 60+ years of age. The information gathered would help identify and implement key strategic initiatives that would serve the city's older residents and, in turn, the community at large.

In 2012, the Senior Commission forwarded the completed WHO Age Friendly Cities report to the City Council. The Council approved the report and it was forwarded to World Health Organization and the City of Roseville was awarded the title of World Health Organization's Global Network of Age Friendly City.

As part of the WHO Friendly designation, cities commit to provide a five year follow up report. In 2017, the Senior Commission began the process of creating the update report. The process included

- a comprehensive electronic and written survey distributed to thousands of residents age 60 and over
- a comparison of 2012 versus 2017 survey findings
- a projection and analysis of demographic current and future trends
- identification of key issues and opportunities for Roseville

This report summarizes the results of the research. The first section of the report will review current demographics of Roseville residents over the age of 60. The next section will outline what older adults like best about living in Roseville and review areas where survey scores improved from the previous survey results. The next section will identify the challenges that older adults in Roseville have identified as those they are facing or anticipate facing as they age. This section also explains areas for opportunity for the issues identified. The final section of the report summarizes findings about the social economic value of Roseville's older residents.

Demographics

Request that Commissioner Williams work with Area 4 Agency on Aging to collect updated demographic information to compare to the information included in the 2012 report. Information received from the City of Roseville esri report (information from the U.S. Census) should be referenced, as well.

For the first time in the history of the world, the number of seniors is beginning to exceed the number of children. In rural Nevada and Sierra Counties, this shift already happened in the year 2000. In Sacramento County, the State has projected there will be more older people than young people by 2030. Yolo County is expected to follow suit in 2035. Placer, Sutter and Yuba Counties have larger proportions of kids, delaying this overall trend. By 2045, California as a whole will have more seniors than children.

Population of Children and Seniors: Placer County

Year	Number of Children (0-17 years)	Number of Seniors (60+ years)
2000	66,580	43,619
2010	85,464	70,105
2020	107,084	101,894
2030	134,989	133,610
2040	163,140	151,690
2050	194,161	181,661

Information gathered from the Area 4 on Aging – The Dual Challenge : Placer County

Information received from the 2010 US Census Bureau states that 26,241 Roseville residents will be 60+ years as of 2017, which makes up 20.5% of its population.

Notable Achievements: *What improvements have been made since 2012 (feedback from commission research and/or survey results and comments.)*

In 2012, the Senior Commission partnered with City staff to distribute a comprehensive survey to identify strengths and areas needing improvement regarding various topics mentioned earlier in this report, affecting seniors. In order to measure areas of improvement or requiring improvements, the current Commission chose to re-distribute the survey in 2017.

In 2012, the Senior Commission identified three areas requiring improvement: Transportation, Inclusion in community decision making and meaningful communication/awareness of services and programs. The tables below show comparisons between the 2012 and 2017 results.

Transportation

Survey Question	2017	2012
What is your primary method of transportation?	- Personal Car = 97% - Public Transportation = 1% - Ride Share = 2% Result: Similar to 2012.	- Personal Car = 98% - Public Transportation = 2% - Ride Share = not asked
Are you able to reach shopping, recreation and key destinations, such as medical services and banks at an affordable price?	- Yes = 88% - No = 12% Result: 26% improvement from 2012	- Yes = 62% - No = 38%
Do you feel any discomfort on public transportation, such as disrespect by other passengers or transit personnel?	- Yes = 22% - No = 78% Result: 8% improvement from 2012	- Yes = 30% - No = 69%

Transportation Achievements: Both in 2012 and currently, nearly 100% of older adults residing in Roseville continue to use their personal vehicles as their primary source of transportation. Since 2012, 26% more older adults are better able to reach local, key destinations at an affordable price and 8% fewer feel discomfort on public transportation.

Meaningful Communication/Awareness of Services and Programs

Survey Question	2017	2012
Do you know about Maidu Senior Programs and activities?	- Yes = 78% - No = 21%	Did not ask

Did you know the City of Roseville provides programs and services specifically for older adults and Maidu Community Center and other facilities citywide?	• Yes = 79% • No = 21%	• Did not ask
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Meaningful Communication/Awareness of Services and Programs: As seen in the questions listed in the table regarding meaningful communication and awareness of services and programs, new questions were added to the survey created in 2017. The Senior Commission recognized that if these topics were areas requiring improvement, questions need to be included in the survey to better evaluate how older adults rated them. Although comparisons are not available, the information provide is significant. Both questions show that, in regards to City of Roseville offered programs and services, the greater majority of respondents stated they are aware of what it available through the Parks, Recreation & Libraries Department.

Strengths: What do Older Adults Residents Like Best About Roseville? *Review and include feedback received in the 2017 survey. (which survey scores improved significantly)*

Below are the areas that showed significant improvement or received high ratings in the 2017 survey and should be noted.

Approximately 63% of Roseville adults aged 60+ use Roseville city parks and/or trails. Many comments expressed that seniors use parks and trails for exercise. When in public buildings, 95% of responders stated they do not have trouble accessing or negotiating restrooms, elevators, entryways, ramps or stairs. Although the percentage increase only by 2% from 2012, the overall statistic is worthy of mention.

Other notable strengths include that more than 90% of respondents ranked the following good to exceptional: appropriate seating and rest locations in Roseville parks and trails, adequate and well-marked pedestrian crossing and public buildings and shopping areas.

Challenges: what Problems and Issues Do Older Residents Face?

Review and include outcomes and feedback from 2012 survey for each of the following areas:

This section of the report are the areas that showed areas requiring improvement or received low ratings and should be noted.

Transportation/Barriers

A significant change in ratings is how people responded to if they found barriers, such as heavy traffic, lack of parking, inadequate signage or poorly maintained streets. An increase of nearly 20% of respondents from 2012 to 2017 stated they experience increased issues with barriers. A follow up question was included in the 2017 survey asking residents to identify where the issues exist. 220 responses were made. The majority of the issues include heavy traffic citywide, however a few of the major streets such a Douglas Blvd, Pleasant Grove Blvd, Roseville Parkway and Blue Oaks are specifically mentioned. Downtown Roseville was mentioned for both excessive traffic and lack of parking. Finally, there were many comments regarding the congestion on the freeways (Interstate 80 and Highway 65), as well as the on and off ramps. Finally, there were comments made about lack of parking near busy or popular businesses and/or lack of handicap parking in those areas as well.

Housing

Survey results identified that the availability of affordable housing in Roseville for older adults has decreased from 87% in 2012 to 70% in 2017. In addition, there is a 10% decrease in those who think that housing is located in areas close to shopping, recreation, transportation and social needs. Finally, survey results show that 45% of respondents felt that their single family home is going to need modifications (such as grab bars for the shower, wider doors, etc...) to safely maintain their lifestyle. This is an increase of 18% from the 2012 survey.

Inclusion in Community Decision Making

Only 38% of older adults in Roseville feel they are included in community decision making on issues that affect seniors. This rating is a 19% decrease from 2012 results. This data is particularly interesting as, during the time the survey was distributed, the City of Roseville was at the mid-point of the Engage Roseville initiative. The City reached out to Roseville residents and invited them to participate in an exercise where they were asked to provide feedback on City services and how much funding, if any, should be allocated from the general fund. At one point, every household in Roseville received a printed invitation to participate in any and all of the various opportunities to provide feedback.

Meaningful Communication/Awareness

Nearly 4% of those surveyed rated that written communication from the City of Roseville is easily found was satisfactory, good or exceptional and 78% felt that communication was easily understood. When asked questions about information and services provided by Fire/PD, local care providers, community health clinics, home health care, transportation to/from health care providers and availability of information about care giving services and other health related issues being readily available and understandable, an average of 79% of residents rated these satisfactory to exceptional. The lowest rating, however at 70% is information about care giving services and other health related issues being readily available and understandable.

These sections have not yet been updated

2017 Challenges Update

Identify the new three challenges for older adults in Roseville and outline the current issue(s) within each section. (These three were identified and discussed at the Senior Commission Goals Workshop. Goals were created based on the information received from the survey.)

- Communication – unaware of Roseville's Housing information
- Transportation
- Affordable Housing

Add section...*How Can You Engage* – this will provide an opportunity for anyone interested to learn more information or get involved, based on the list of recommendations outlined in this section.

Roseville's Older Adults as a Social and Economic Resource

Review questions 36 (employment status) and 43 (volunteering) from the 2017 survey and compare to 2012. Review graph on page 6 of 2012 report and provide updated statistics from 2017 survey.

Issues and Opportunities

Include this section in the 2017 Challenges section. Will review with Alexa Pritchard to understand how the 2012 issues and opportunities were determined.

Conclusion

Overall synopsis of the 2017 survey outcomes and information researched by the commission, compared to the 2017 survey and research.

Appendix

Include information opportunities for Roseville's aging population to be more informed or engaged. i.e. City electronic newsletters, Senior programs, FAC newsletter, Rec Guide, Neighborhood Watch & RCONA, etc...



SENIOR COMMISSION COMMUNICATION

Title: Update Workshop Goal - Communication - Commissioner Reed

Contact:

Meeting Date: 5/9/2018

Item #: 7.4.

ATTACHMENTS:

Description

Communication Committee Report

Communication Committee – Report for May 9, 2018 Commission Meeting

Members: Bobbi Knapp, Cyndee Reed, Marlene Cristanelli

Re: Senior Commission 2018 – 2019 Work Plan

Goal – Further develop and implement a communication plan that outlines:

- How the Senior Commission can be an advocate for senior issues
- How the Senior Commission can better communicate to the senior population about programs and services
- Gather and analyze information regarding what seniors need and want to know

Action Item	Who	What	When
Communication Committee	Bobbi, Cyndee & Marlene	Meet, Review and Determine Plan	Before each Senior Committee Meeting
Communication	Cyndee	Review & Determine ways to outreach and communicate	
Gather Info from Seniors	Marlene	Speak directly to seniors – Ask	
Determine Needs	Bobbi	Attend related information Meetings	

Committee agrees:

Healthcare is a priority concern with Seniors

There are 3 groups of healthcare available

Free

Middle Range – partial pay

Pay Full Cost

Need: To share resource information to all

The Seniors who were asked expressed most concerns about:

Will Roseville become a Sanctuary City and Shelter Immigrants?

Safety - committee suggestion: Elder Watch

Budget Crisis – Closing of Public Info Access Zones such as Library

Committee Determination:

There are many ways to reach out to the Senior Community of Roseville. We believe the Internet is the best option for communication at this time. People use the internet to connect with one another and to be informed. The internet is a cost savings over paper and manpower, and is a direct link to immediate information. People enjoy the internet and use the internet as a way to entertain themselves by engaging in personal interests. Senior Information is a personal interest to Seniors in our community.

- Seniors need an information tab on the City Website
- Links to: (at least these sites)
 - Senior Commission
 - AARP
 - Senior First
 - Elder Watch