



MINUTES
February 8, 2023

Senior Commission
2:00 p.m.
Council Chambers
311 Vernon Street, Roseville, CA, 95678

1. CALL TO ORDER

Recording Secretary, Joe Lopez, called the February 8, 2023 meeting of the Senior Commission to order at 2:00 p.m.

2. ROLL CALL

Present: Ambrozy, Cheng, Crawford, Knapp, Starrh, Zamora

3. PLEDGE OF ALLEGIANCE

Commissioner Starrh led the Senior Commission and audience in the Pledge of Allegiance.

4. PUBLIC COMMENTS

Roseville Resident, Robert Baysore, shared details of an emergency evacuation plan he helped create for his community at Eskaton. Mr. Baysore encouraged other senior communities and the City to create evacuation plans that include the specific needs of seniors.

5. APPROVAL OF MINUTES

5.1. Meeting Minutes- November 9, 2022 Meeting

Approve minutes from the November 9, 2022 Senior Commission Meeting

No public comment received.

Motion by Eugene Cheng, seconded by Bobbi Knapp, to approve the minutes for the November 9, 2022 Senior Commission Meeting. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Cheng, Crawford, Knapp, Starrh, Zamora

5.2. Meeting Minutes- December 6, 2022 Meeting

Approve minutes from the December 6, 2022 Senior Commission Goals Workshop.

No public comment received.

Motion by Bobbi Knapp, seconded by Nicole Zamora, to approve the minutes from the November 9, 2022 Senior Commission Meeting. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Cheng, Crawford, Knapp, Starrh, Zamora

6. REQUESTS/PRESENTATIONS

6.1. Appointment of New Chair and Vice Chair- Jeff Nereson

Recommend the Senior Commission appoint a Commission Chair and Vice-Chair for the February - December 2023 term.

Nicole Zamora volunteered to become the Chair of the Senior Commission.

No public comment received.

Motion by Renee Ambrozy, seconded by Kathleen Crawford, to appoint Nicole Zamora as the Chair of the Senior Commission. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Cheng, Crawford, Knapp, Starrh, Zamora

Renee Ambrozy nominated Kathleen Crawford for the position of Vice Chair of the Senior Commission.

No public comment received.

Motion by Bobbi Knapp, seconded by Arlene Starrh, to appoint Kathleen Crawford as the Vice Chair of the Senior Commission. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Cheng, Crawford, Knapp, Starrh, Zamora

6.2. Telephone Reassurance Program Presentation- Lyndsey Dammann

Information on opportunities that support older adults to mitigate isolation and loneliness to improve overall well-being.

Lyndsey Dammann and Valerie Vishion presented to the Senior Commission Eskaton's Telephone Reassurance Program and the impact it has had on older adults throughout the country. The service pairs older adults in need of social connection with a volunteer who will call them on a schedule they determine. The service is available at (916) 334-1072.

Public comment: Robert Baysore, an Eskaton Resident, implored the Eskaton

employees to strive for the quality of service they're claiming. Mr. Baysore claims that the Telephone Reassurance Program is a good concept, but needs to change to be successful and truly helpful.

Item for information only. No action required.

6.3. Review and Approve Senior Commission Goals for 2023- Jeff Nereson

Review and Approve Senior Commission Goals for 2023.

No public comment received.

Motion by Kathleen Crawford, seconded by Bobbi Knapp, to approve the proposed Senior Commission goals for 2023. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Cheng, Crawford, Knapp, Starrh, Zamora

6.4. City of Roseville Fitness - Alisha Moyer

Update on new fitness membership opportunities, offerings and overall program review.

Recreation and Library Supervisor, Alisha Moyer, presented to the Senior Commission the COR Fitness membership options and available programs.

No public comment received.

Item for information only. No action required.

7. BOARD MEMBER / COMMISSIONER / STAFF REPORT

Parks, Recreation & Libraries Coordinator, Annie Stanco, informed the Senior Commission of the FAB (Fifty and Better) Club's current programs and offerings including the return of the Parkinson's Support Group, a technology workshop and a Senior Prom.

Adult programming librarian, Sara Schlehofer, told the Senior Commission about the library's current services and programs including Read with a Mermaid at the Mike Shellito Indoor Pool, increased volunteers and students in the literacy program, and local author talks coming to Fig Tree Coffee, Art, and Music Lounge. Sara also spoke about a series of Senior Safety Talks that the library will be hosting in partnership with the Roseville Police Department.

No public comment received.

Item for information only. No action required.

8. ADJOURNMENT

Motion by Kathleen Crawford, seconded by Nicole Zamora, to adjourn the

February 8, 2023 meeting of the Senior Commission at 3:26 p.m. The Motion Passed.

Roll call vote: Ayes: Ambrozy, Cheng, Crawford, Knapp, Starrh, Zamora